

2017 Sugar Lake 5K- Registration Form

(Please complete one per participant)

Name: _____

Address: _____

City: _____ State: _____

Zip: _____

Email address: _____

Phone: _____

Age on Race Day: _____

How did you hear about the race? _____

Race entered:

5K Walk _____ 5K Run _____ Donation Only _____

Cost

\$25- T-shirt ADULT S M L XL XXL

\$10- Children who don't want a T-shirt (no charge if in stroller/carrier)

This is a non-USATF registered event. Funds go to the Sugar Lake Association/Lake Improvement Fund. The SLA is a 501C-3, and all donations are tax deductible. Feel free to donate even if not participating.

In consideration of the acceptance of my entry, I hereby release the Sugar Lake 5k Run/Walk, the Sugar Lake Association, and Corinna Township from any and all liability arising from illness or injuries I may suffer as a result of my participation in this event, for which I am physically fit and trained.

Signature: _____

****Mail-in registration only (no email). Registration and fee need to be received by August 16, 2017 in order to receive a t-shirt. Registration will also be available on race day (no t-shirt).**

On **Saturday, September 2nd**, the 8th Annual Sugar Lake 5K Run/Walk will take place. The start and finish lines will be at the Corinna Township on Ireland Ave. Please park in the lot at the township. The roads will be patrolled by volunteers during the 5K. All ages are welcome.

Only pre-registered participants will receive a t-shirt. Race day registration is \$25 as well.

Schedule of Events

8:00am Registration/Check-In

9:00am 5K Run/Walk (Everyone will start at the same time/location)

10:00am Awards Ceremony/Raffle

Complimentary snacks and beverages will be provided at the event. And bring some money as there will be a raffle for great prizes!!

The top adult and child finishers for the 5k run will be given prizes and certificates at the post-race ceremony and announced in the Sugar Lake Association newsletter.

Please make checks payable to Sugar Lake Association and mail with other half of form to:

Kristin Turner

15605 24th Ave N Unit A

Plymouth, MN 55447

Contact Kristin Turner at kristinturn@gmail.com with any questions or if you want to volunteer/donate prizes. This event will take place rain or shine!